



Palfrey Junior School Newsletter

Dale Street ,Palfrey, Walsall, WS1 4AH Telephone:- 01922 721092

www.palfrey-j.walsall.sch.uk

Friday 8th May 2026 Issue 25

Golden Certificates

Well done to the following children who have been awarded a Golden Certificate this week for fantastic work ,behaviour and attitude to learning:

- Cl 1 Meheen N
- Cl 1 Haider M
- Cl 3 Safiyyah L
- Cl 3 Abdulahi R
- Cl 4 Adam A
- Cl 5 Safiyah S
- Cl 5 Eiliyah S
- Cl 6 Aysha S
- Cl 6 Priya P
- Cl 7 Rayhaan K
- Cl 8 Fatima I
- Cl 8 Sheikh U
- Cl 9 Amelia K
- Cl 10 The whole class
- Cl 11 Habiba S
- Cl 12 Aliza Z



- Cl 3 Muhamad M
- Cl 4 Naeema H
- Cl 6 Mathias C
- Cl 6 Ibraheem M
- Cl 9 Junaid H

- Cl 1 Muaj A
- Cl 3 Umar N
- Cl 9 Khadija B
- Cl 10 Saba H
- Cl 11 Haniya-Noor K

This Week In School



Year 3 - have been working hard learning to tell the time after a given interval in maths, they have been identify the features of a mystery story in literacy and in topic, they have been learning all about Mount Vesuvius and how it changed Pompeii forever.

Year 4 - have been adding 4 digit numbers using a written method in maths, the have been using their senses to describe the setting of a story in literacy and in topic, they have been identifying and comparing the advantages and disadvantages of living in Birmingham.

Year 5 - have been calculating the area/perimeter and properties of triangles or mentally adding money in maths, they have completed their Big Write based on 'This is Not A Fairytale' and in topic, they have been researching endangered animals and finding out what is happening to them.

Year 6 - have been working really hard revising for their SATs tests next week.



We are all very proud of our Year 6 children for all of the hard work they have put in to prepare for their SATs exams. We would like to wish them all good luck for next week and know that they will all shine.

SATs Top Tips

- Plenty of sleep- no late nights
- A good breakfast in the morning before school
- Try your best and believe in yourself.... You've got this!!



Please make sure your child on time and at school for 8:30am on time everyday.



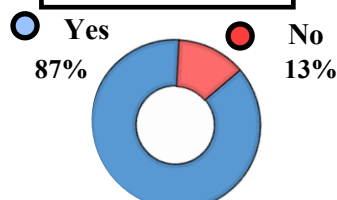
Monday 11th May	Spelling, Punctuation and Grammar 1 & Spelling 2
Tuesday 12th May	Reading Paper
Wednesday 13th May	Maths Paper 1– Arithmetic Paper 2– Reasoning
Thursday 14th May	Maths Paper 3 - Reasoning



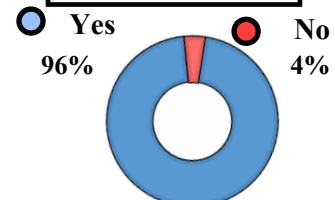
Votes for Schools

Do you know what a healthy relationship looks like?

National Results



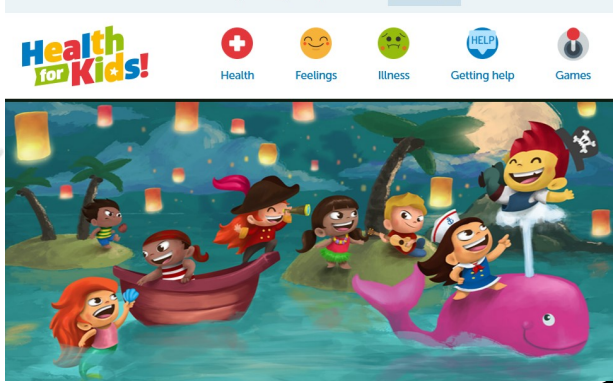
Palfrey Results



Be heard.

The [NHS Health for Kids](#) is a great website that offers fun interactive resources, games, and advice on physical and mental health/ well being for children and parents, covering topics like feelings, hygiene, nutrition, moving from primary to secondary school, body image, illness and lots more.

There is also an area for Grownups, with advice on common childhood illnesses, health services, and supporting children's physical and emotional development. There are also tips for spotting anxiety in children and promoting positive mental health.



Year	Start Time	Finish Time
Y 3 & Y 4	8:40am	3:10pm
Y5 & Y6	8:30am	3:00pm



Please make sure your child is arriving to school on time everyday.



Expected attendance is 96 %

The Class with the best attendance was

Class 4 & 11 with 98%

Overall our attendance was **95.58%**

Class 1 – 95%

Class 2 – 96%

Class 3 – 96%



Class 4 – 98%

Class 5 – 94%

Class 6 – 95%

Class 7 - 98%

Class 8 - 92%

Class 9 - 93%

Class 10 - 95%



Class 11 - 98%

Class 12 – 95%



Inspire Workshops

Throughout the year we like to invite parents/carers to come into school to take part in some fun & creative activities with your children. Workshops are between 1:40 and 2:45pm and due to space only 1 adult per child allowed. Thank you

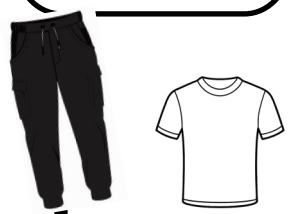
Thursday 18th June - Father's Day Afternoon

Monday 29th June - Year 5 Egyptian Mummies

Wednesday 8th July - Year 4 Romans



All children need to come to school wearing their **PE kit** on their PE days. **Plain white T-shirt, plain black joggers/leggings/shorts and trainers.**



	PE Days
Class 2 & 3	Wednesday
Class 1	Wednesday swimming
Class 5	Tuesday-Swimming
Class 4 & 6	Tuesday
Y4 & Y5	Thursday—Chance to Shine cricket
Class 10	Friday
Class 11 & 12	Thursday

Important Attendance Info

All registers are reviewed weekly. Emails are then sent out informing parents /carers of concerns over poor or falling attendance. **90% attendance or below is classed as being a persistent absentee (PA) & absences will only be authorised with medical evidence.** Please make sure you report all absence as unreported absences can not be authorised - call on 01922 721092, text or sent in app message. Any pics of any medical evidence can be sent to support@palfrey-j.walsall.sch.uk

Medical evidence will be required if your child has had multiple days off over different weeks. Thank you

Missing school is missing out!

Dates for the Diary

- 11th - 14th May - Year 6 SATs week
- Friday 15th May - Year 3 visit to St Matthew's Church
- 18th - 22nd May - Science Week
- Friday 22nd May - Break up for Half Term
- Monday 1st June - School Re-opens—On time please! & Eid Parties
- Friday 5th June - Y5 & 6 Sports day
- Tuesday 2nd June - French Day





Feeling stressed or overwhelmed? Try one of the strategies below to help you feel calm



TO SUPPORT MYSELF I CAN..



Get or give a hug



Talk to friends & family



Get some fresh air



Stretch



Listen to music



Move your body or exercise



Do a hobby you enjoy



TO SUPPORT MYSELF I CAN..



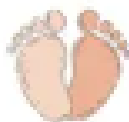
Smile and practice gratitude



Help someone else



Use Kind & positive words



Take steps towards your goals



Exercise



Keep Listening



Write about your success



TO SUPPORT MYSELF I CAN..



Take deep breaths



Take a break



Pause, and ask for help



Use positive self-talk



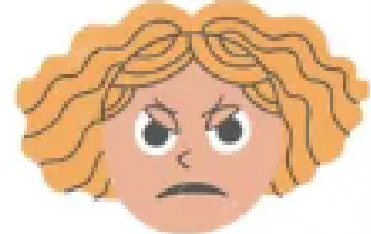
Tense and relax your muscles



Think of a peaceful place



Relax and try again



TO SUPPORT MYSELF I CAN..



Stop, and walk away



Count to 10 or 100



Tell an adult



Take deep breaths



Move your body or exercise



Take a nap



Practice grounding techniques



ARE YOU STRUGGLING TO PAY YOUR BILLS?
NEED SOMEONE TO HELP YOU MAKE SENSE OF IT?
NEED SOME ENERGY SAVING ADVICE?
Book an appointment with our ECAO today!!
01922 644006
Note that Aaina Community Hub is a women's centre, and its services are primarily for women, including this one. Thank you for your understanding.

	Morning	Afternoon
Monday	Advice & Support - 10:00am - 12:00pm Women's Health and Well-being - 10:00am - 12:00pm (£1.00 per session)	Advice & Support - 12:30pm - 2:00pm
Tuesday	Advice & Support - 10:00am - 12:00pm Sewing - 10:00am - 12:00pm (£1.00 per session)	Advice & Support - 12:30pm - 2:00pm
Wednesday	Advice & Support - 10:00am - 12:00pm Palfrey Park Cycling Session - 10:00am - 12:00pm	Advice & Support - 12:30pm - 2:00pm
Thursday	Advice & Support - 10:00am - 12:00pm	Advice & Support - 12:30pm - 2:00pm Employability Search - 12:30pm - 2:30pm
Friday	Ladies Bingo - 10am-11am Women's Well-being Clinic - 10.00am-12.00pm Strength and Balance Class - 11.00am-12.00pm (£1.50 per session)	Women's Well-being Clinic - 12:00pm-3:00pm



funded through



Walsall Council




UK Government NHS
For parents' questions, BIG & small.
Why is my baby crying?
What should I pack in my hospital bag?
How do I apply for childcare support?
Get advice and support at BestStartInLife.gov.uk
BEST START IN LIFE

If you have babies or toddlers at home or are expecting a new baby there is a new government website called

which offers lots of support and advice.
[Click on this link to take you to the Best Start In Life website](http://BestStartInLife.gov.uk)

NASHDOM - 01922 616444

Free Advice & Support



Monday - Friday
9:30 am - 5:00 pm

- Financial & Housing Support
- Homelessness
- Safe Spaces
- Energy advice and support (WEAP)
- Multilingual assistance: Romanian, Slovakian, Polish, Russian, Ukrainian, Latvian Lithuanian, Bulgarian, Urdu, Panjabi, Gujarati



Walsall Family Hubs
Supporting families to live happier lives.

DADS GROUPS

We know Dads play a vital role in their children's lives.

We have lots on offer for you at Walsall Family Hubs;

- Dads Stay and plays (weekdays and weekends)
- Dads 4 Dads Peer Support Groups
- One to One support
- Parenting Workshops - Henry
- DadsPad App

and much more

No booking, just turn up

For more information contact Ed
07584 521955 or email
EarlyHelpParentingTeam@walsall.gov.uk

[walsallfamiliesintheknow](https://www.facebook.com/walsallfamiliesintheknow) www.walsallfamilyhubs.co.uk

"Stay and play gave me confidence to be myself without fear of feeling judged"
Quote from a Dad

SCAN HERE TO TAKE A LOOK AT OUR FREE AND EXCITING ACTIVITIES.



Making Connections Walsall

Get Connected, Stay Connected



Making Connections Walsall is a friendly service for residents of all ages in Walsall that aims to address loneliness, social isolation and to empower residents to take responsibility for their own health and well-being

0121 380 6690

Walsall Council 

*FREE COMMUNITY COURSES AVAILABLE AT WALSALL COLLEGE

Including Photography & Videography, Healthy Lifestyles, Introduction to Digital Marketing and Introduction to Fashion & Textiles

Contact 01922 657000 or CommunityDevelopment@walsallcollege.ac.uk to register your interest

*subject to eligibility



Your place to **grow**
Your place to **shine**

Dates for the Diary



Friday 27th March	Break up for Easter Holidays
Monday 13th April	Back to school- on time please!
27th April –1st May	Well Being Week
Tuesday 28th April	Year 3 Inspire Workshop - Volcanoes
Monday 4th May	School Closed - May Bank Holiday
11th - 14th May	Year 6 SATs week
Friday 15th May	Year 3 visit to St Matthew's church
18th - 22nd May	Science Week
Friday 22nd May	Break up for Half term holiday
Monday 1st June	School Re-opens—On time please!
Monday 1st June	Eid parties & non uniform day
Tuesday 2nd June	French Day
Thursday 4th June	Year 3 & 4 Sports Day am
Friday 5th June	Year 5 & 6 Sports Day am
Monday 8th June	Climate 180 Day
Tuesday 9th June	Year 4 Roman theatre and workshop
Thursday 11th June	Continents Day
<u>Friday 12th June</u>	<u>School closed for Staff Training Day</u>
Thursday 18th June	Father's Day Celebration Afternoon
Friday 19th June	Year 5 Trip to Birmingham Museum
Thursday 25th June	Summer Fayre
Friday 26th June	Year 5 Trip to Birmingham Museum
Friday 26th June	D&T Day
Monday 29th June	Year 5 Inspire Workshop - Egyptian Mummies
Tuesday 30th June	Joseph Leckie Transition Day
Tuesday 30th June & Wednesday 1st July	Blue Coat Academy Transition Days
Wednesday 1st & Thursday 2nd July	Wood Green Transition Days
Tuesday 7th July	Children's University Graduation
Wednesday 8th July	Year 4 Inspire Workshop
Monday 13th July	Culture Day
Thursday 16th July	Year 6 Leavers Assembly
Friday 17th July	Break up Summer Holidays Early finish Y5&6—1:15pm & Y3 &4 - 1:30pm

Dates may change and more events and extra details will be added to the newsletter throughout the year.





Useful numbers

If you need help, support, advice or are concerned or worried these services can help.

CRIME STOPPERS –0800 555 111 or 101 or in emergencies 999

Black County Women’s Aid– 0121 553 0090 (Domestic Abuse Support)

SAYA multilingual Phone line - 0800 389 6990 (Domestic Abuse Support)

Early Help Hub- 0300 555 2866 (option 1)

CGL (old Sure Start, South Street) 01922 6423382



Family Information Services- 01922 653383

Citizens Advice Bureau -0300 3301159

www.walsallcab.org.uk



NSPCC - 0808 800 5000

CHILDLINE -0800 1111



Bereavement Services - Child & Family Helpline: 01922 645035 www.wbss.org.uk



The Samaritans– 116 123



If you are finding it difficult to feed you family during these difficult time we are now partnered with Black Country Food Bank and can issue Food Vouchers that can be re-deem locally. Please call us or email support@palfrey-j.walsall.sch.uk and we will get back to you. This is strictly confidential.

If you need additional support or guidance ,you can also contact the Early Help Hub on 01922 6423382, Family Information Services 01922 653383 or Walsall Council on 0300 555 2855 or

[Cost of living support website](#)



[The Hub of Hope](#) is the UK’s leading mental health support database. It brings local, national, peer, community, charity, private and NHS mental health support and services together in one place. Simply type your post code into the search bar, then select the area of support you need and it will show you information and contact details of all the local organisations and support available for you to access.



[Ollee](#) is a virtual friend aimed at 8-11 year-olds and their parents, Ollee is a browser-based app that helps children and families explore feelings and emotions, and gives advice to help resolve issues. You can [try it here](#)