

Palfrey Junior School Newsletter

Dale Street ,Palfrey, Walsall, WS1 4AH Telephone:- 01922 721092

www.palfrey-j.walsall.sch.uk

Thursday 18th December 2025 Issue 12



Dear Parents/carers,

We have come to the end of a very busy Autumn term. The children have worked so hard this term and have made great progress in their learning. They have participated in different workshops, theatre shows, outdoor learning, clubs and so much more. We are immensely proud of all their achievements.

We are so grateful for all the support that you give to us as a school and to your wonderful children. It makes such a difference and gives real strength to our community. We look forward to next term and seeing the children grow and develop even more.

If you are celebrating, we wish you a very happy Christmas, and to everyone else, we hope you have a peaceful and safe New Year. We look forward to seeing you all again on Monday 5th January 2026.



School re-opens

Monday 5th January 2026

Y 3 & Y 4= 8:40am - 3:10pm

Y5 & Y6 = 8:30am - 3:00pm



SANTA'S WORKSHOP

WORD SEARCH

D	J	L	E	K	I	S	B
X	L	M	K	V	G	T	Y
J	S	I	E	L	F	P	C
X	Y	W	U	T	C	T	T
B	O	L	S	B	C	S	L
B	T	I	O	V	U	E	V
L	L	E	P	E	V	W	F
H	G	I	E	L	S	K	A

Heeellpp...
Santa's snowmen are hiding!
Can you help find 10 sneaky snowmen hidden across this newsletter?

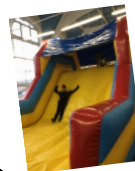
Elf Toys Sleigh
List Build



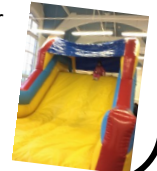
Well done to our wonderful choir, who performed last week at the LMRCA Railway Club for elderly residents of the area and in school this week for the staff, children and parents. Their performances were great and they sounded beautiful.



The children loved the Big Bounce so much that we used it for our Good to Be Green behaviour rewards. Well done to all the children for their excellent behaviour this term.



Best day ever I love it!



We held our special end of term Attendance Assemblies this week and it was fantastic to be able to give out so many certificates and prizes for excellent attendance. 25 Bronze (95% attendance) certificates, 11 silver (96%attendance), 117 Gold (97-99% attendance) certificates and prizes and an amazing 102 100% certificates. Well done to all of our Attendance HEROES! Next chance to get a certificate and prize will be the end of March before the Easter holidays.



Dates for the Diary

Monday 5th January - Back to School

Friday 16th January -Our Walsall Day

Monday 19th January -Y6 Inspire Workshop Class 12

Wednesday 21st January - Y6 Inspire Workshop Class 11

Thursday 22nd January - Y6 Inspire Workshop Class 10



Our digital leaders say....please make sure you are supervising your child's online activity in the holidays, and don't spend all holiday on phones, tablets or play stations. Have fun together and try to go device free. Top tips on p3





Top Tips for a TECH-FREE CHRISTMAS

It can be difficult to stay away from technology and devices, and sometimes this means that people – of any age – can find it hard to be present in the moment. As a period when families are able to spend some quality time together and enjoy each other's company, Christmas is the perfect opportunity to step away from our phones, laptops and consoles and concentrate on the things that really matter. Follow our top ten tips for a tech-free festive period and make the most of this holiday season. Merry Christmas!

1. BOARD GAMES CAN BE FUN (HONEST)

OK, no one wants a repeat of that incident when your youngest had to pay triple rent on Mayfair, but going back to basics with a card or board game can be a fantastic bonding experience. Choose a game that even the youngest members of your family can enjoy and have a fun tech-free time.

2. MAKE YOUR OWN DECORATIONS

Spending time on arts and crafts is a brilliant way to relax and spend some productive time offline. Making your own Christmas decorations as a family can become a wholesome tradition and leave you with some treasured mementos, too.

3. GO FOR A WINTER WALK

Not much beats wrapping up warm on a crisp December day and taking a stroll. Whether alone or with the family, a walk is a fantastic way to clear your head and relish the break from hectic normal life. As an extra festive treat, why not make a flask of hot chocolate to take with you?

4. BAKE SOME FESTIVE TREATS

Not all Christmas cooking has to be a stressful chore that's timed with military precision. Baking some simple festive treats like cookies doesn't have to take hours – and will make sure you're stocked up on tasty things to offer any friends or family members who pop round.

5. READ A FAMILY STORY TOGETHER

Turn story time into an event. Make the living room or bedroom into a tech-free space, light some candles, make some hot drinks and reach for a classic Christmas tale. It's a fantastic way to relax before bed, and the right story will help to get the whole family into the festive spirit.

6. TURN OFF NOTIFICATIONS

It sounds obvious, but turning off email and app notifications can give you more control of your relationship with technology. Getting into the habit of checking your phone periodically – rather than reacting every time a notification arrives – helps you to stay present in the moment.

7. FEED THE BIRDS

Food's hard to come by for wildlife in winter, so helping our feathered friends is a very worthwhile reason to put down those devices and reconnect with nature. Fill a bird feeder in the garden or take a snack for the ducks in your local park (but ditch the bread in favour of oats, rice or birdseed).

8. SET DAILY LIMITS

Many apps and devices let you set reminders to let you know how long you've used them for that day. Setting daily limits puts you firmly in charge of your time and will help to ensure you don't miss out on any family Christmas memories because you're engrossed in your phone or laptop.

9. GET ON YOUR BIKE

Exercise, such as going for a run or a bike ride is an excellent way to burn off some of those Yuletide calories while giving your brain and eyes a break from screen-based activity. Physical exertion also helps reduce anxiety and releases endorphins which can improve your sense of wellbeing.

10. MAKE TIME FOR YOURSELF

There can be a lot of pressure to meet up with friends, make video calls and check in with people at Christmas – but remember that you need time to relax as well. Don't feel guilty about not replying to messages and emails immediately – the holiday is your chance to drop down a gear or two.

NOS National Online Safety®
#WakeUpWednesday

Community Corner

Contact Aaina Hub on 01922 644006 or 07799143805 support@aainahub.com

www.aainahub.com



ARE YOU STRUGGLING TO PAY YOUR BILLS?

NEED SOMEONE TO HELP YOU MAKE SENSE OF IT?
NEED SOME ENERGY SAVING ADVICE?

Book an appointment with our ECAO today!!

01922 644006

Note that Aaina Community Hub is a women's centre, and its services are primarily for women, including this one. Thank you for your understanding.

	Morning	Afternoon
Monday	Advice & Support - 10:00am - 12:00pm Women's Health and Well-being - 10:00am - 12:00pm (£1.00 per session)	Advice & Support - 12:30pm - 2:00pm
Tuesday	Advice & Support - 10:00am - 12:00pm Sewing - 10:00am - 12:00pm (£1.00 per session)	Advice & Support - 12:30pm - 2:00pm
Wednesday	Advice & Support - 10:00am - 12:00pm Palfrey Park Cycling Session - 10:00am - 12:00pm	Advice & Support - 12:30pm - 2:00pm
Thursday	Advice & Support - 10:00am - 12:00pm	Advice & Support - 12:30pm - 2:00pm Employability Search - 12:30pm - 2:30pm
Friday	Ladies Bingo - 10am-11am Women's Well-being Clinic - 10.00am-12.00pm Strength and Balance Class - 11.00am-12.00pm (£1.50 per session)	Women's Well-being Clinic - 12:00pm-3:00pm



Free Advice & Support

Monday - Friday
9:30 am - 5:00 pm

- Financial & Housing Support
- Homelessness
- Safe Spaces
- Energy advice and support (WEAP)
- Multilingual assistance: Romanian, Slovakian, Polish, Russian, Ukrainian, Latvian Lithuanian, Bulgarian, Urdu, Panjabi, Gujarati

NASHDOM - 01922 616444

nash_domcic | Nash Dom CIC

Contact us to book an appointment
info@nashdomcic.org | 01922616444

Nash Dom Community Hub, Sun St, Walsall, WS1 4AL

Making Connections Walsall

Get Connected, Stay Connected



Making Connections Walsall is a friendly service for residents of all ages in Walsall that aims to address loneliness, social isolation and to empower residents to take responsibility for their own health and well-being

0121 380 6690

Walsall Council | MAKING CONNECTIONS WALSALL



DADS GROUPS

We know Dads play a vital role in their children's lives.

We have lots on offer for you at Walsall Family Hubs;

- Dads Stay and plays (weekdays and weekends)
- Dads 4 Dads Peer Support Groups
- One to One support
- Parenting Workshops - Henry
- DadsPad App
- and much more

No booking, just turn up

For more information contact Ed
07584 521955 or email
EarlyHelpParentingTeam@walsall.gov.uk

Quote from a Dad: "Stay and play gave me confidence to be myself without fear of feeling judged"

SCAN HERE TO TAKE A LOOK AT OUR FREE AND EXCITING ACTIVITIES.



walsallfamiliesintheknow | www.walsallfamilyhubs.co.uk



For parents' questions, **BIG & small.**

Why is my baby crying?
What should I pack in my hospital bag?
How do I apply for childcare support?

Get advice and support at BestStartInLife.gov.uk



If you have babies or toddlers at home or are expecting a new baby there is a new government website called Best Start In Life which offers lots of support and advice.

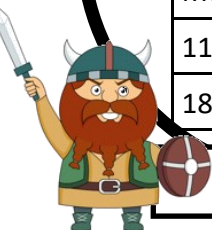
[Click on this link to take you to the Best Start In Life website](http://BestStartInLife.gov.uk)



Dates for the Diary



Friday 19th December	School Closed Staff Training Day
Monday 5th January	Back to School
Friday 16th January	Our Walsall Day
Monday 19th January	Y6 Inspire Workshop Class 12
Wednesday 21st January	Y6 Inspire Workshop Class 11
Thursday 22nd January	Y6 Inspire Workshop Class 10
Thursday 22nd January	TT Rockstars Battle of the Bands
26th -30th January	Book Fair Week
Tuesday 27th January	Y3 Inspire Workshop - Greek Vases
2nd - 6th February	National Story Telling Week & Well Being Week
Friday 6th February	Y5 Joy of Movement
Tuesday 10th February	Internet Safety Day
Wednesday 11th February	International Women and Girls in Science Day
Thursday 12th February	The Big Harmony Sing
Friday 13th February	Break up for Half term
Monday 23rd February	Back to school—On time please!
Wednesday 25th February	Y4 Inspire workshop
Wednesday 4th & Thursday 5th March	Y3 – Learn to ride
Thursday 5th March	Our World/ Culture Day - Non uniform day
Monday 9th March	Y4 Bike fix
Thursday 12th March	Y4 STEM workshop @Wolverhampton University
Thursday 12th March	Y3 Pedestrian Safety Training
Thursday 12th March	Mother’s Day Celebration Afternoon 1:40 - 2:45pm
Friday 13th March	Y3 Pedestrian Safety Training
23rd - 27th March	Well Being Week
Monday 23rd March	Y5 Inspire Workshop - Tee pee Making
Tuesday 24th March	Y4 Fire Safety Talks
Wednesday 25th March	Y4 Inspire Workshop - The Water Cycle
Friday 27th March	Break up for Easter Holidays
Monday 13th April	Back to school- on time please!
27th April –1st May	Well Being Week
Tuesday 28th April	Year 3 Inspire Workshop - Volcanoes
Monday 4th May	School Closed - May Bank Holiday
11th - 14th May	Year 6 SATs week
18th - 22nd May	Science Week



Dates may change and more events and extra details will be added to the newsletter throughout the



Black Country Women's Aid
we listen, we support, we care



CRIME STOPPERS
0800 555 111
Call anonymously with information about crime

Useful numbers

If you need help, support, advice or are concerned or worried these services can help.

CRIME STOPPERS –0800 555 111 or 101 or in emergencies 999

Black County Women's Aid– 0121 553 0090 (Domestic Abuse Support)

SAYA multilingual Phone line - 0800 389 6990 (Domestic Abuse Support)

Early Help Hub- 0300 555 2866 (option 1)

CGL (old Sure Start, South Street) 01922 6423382



Family Information Services- 01922 653383

Citizens Advice Bureau -0300 3301159

www.walsallcab.org.uk



NSPCC - 0808 800 5000

CHILDLINE -0800 1111



Bereavement Services - Child & Family Helpline: 01922 645035 www.wbss.org.uk



The Samaritans– 116 123



If you are finding it difficult to feed you family during these difficult time we are now partnered with Black Country Food Bank and can issue Food Vouchers that can be re-deem locally. Please call us or email support@palfrey-j.walsall.sch.uk and we will get back to you. This is strictly confidential.

If you need additional support or guidance ,you can also contact the Early Help Hub on 01922 6423382, Family Information Services 01922 653383 or Walsall Council on 0300 555 2855 or

[Cost of living support website](#)



[The Hub of Hope](#) is the UK's leading mental health support database. It brings local, national, peer, community, charity, private and NHS mental health support and services together in one place. Simply type your post code into the search bar, then select the area of support you need and it will show you information and contact details of all the local organisations and support available for you to access.



[Ollee](#) is a virtual friend aimed at 8-11 year-olds and their parents, Ollee is a browser-based app that helps children and families explore feelings and emotions, and gives advice to help resolve issues. You can [try it here](#)