

What do humanists believe?

- They trust science to understand the universe. They do not believe in miracles, religion or god to explain the purpose of life.
- They use their reasoning skills and empathy towards others to decide how we should treat people or animals.
- There is no afterlife (heaven) so we should act to bring happiness in this life for ourselves and help others to do the same.

(Many humanists would say they are atheists who do not believe that God exists. Some might describe themselves as agnostics, which means that they do not think there is enough evidence to decide whether God exists or not)