

1) Describe what is happening.



3) How do you think these people are feeling?

2) How do you know this is a special 'action'?

4) How do you feel about the picture? Why?

How do Muslims Pray?

Learning Objective:

To know the facts about prayer in Islam

To consider the benefits and challenges of this approach to prayer

1. Say hello to the person next to you
2. Now stand up, shake their hand and say hello
3. Now do it again, but really mean it this time (you could even smile or make eye contact!)

Does it feel different to do something with your speech, action and mind or intention

What is Salah?

Salah is the Arabic word for prayer. Salah involves both words and actions. This helps to focus the body and mind on Allah during prayers.

Copy this definition

Now watch this explanation and demonstration of prayer and answer the questions.



When do Muslims pray?

God ordered Muslims to pray at five set times of day:

1. Dawn, before sunrise
2. Midday
3. The late part of the afternoon
4. Just after sunset
5. between sunset and midnight

All Muslims try to do this. Muslim children as young as seven are encouraged to pray.

ACTIVITY

Make a schedule of your day and work out how you would need to change it if you had to make time for Salah prayers.

Time	Activity
5.30am	Morning prayers
7am	Get up, have breakfast, get dressed
7.40am	Leave for school
8.20am	Arrive at school
8.45am	School starts

Add in the changes in a different colour.
Eg. 5.30am morning prayers

- All Muslims face the Ka'bah in Makkah when they pray.



- Many prayer mats have a compass on it showing the direction of Makkah.



Which way would we face?

<http://www.al-habib.info/qibla-pointer/>

Watch the second clip.



**HOW DOES PERFORMING
SALAH SHOW COMMITMENT?
WRITE A PARAGRAPH WHICH
INCLUDES A CAREFUL
EXPLANATION OF THREE
REASONS**