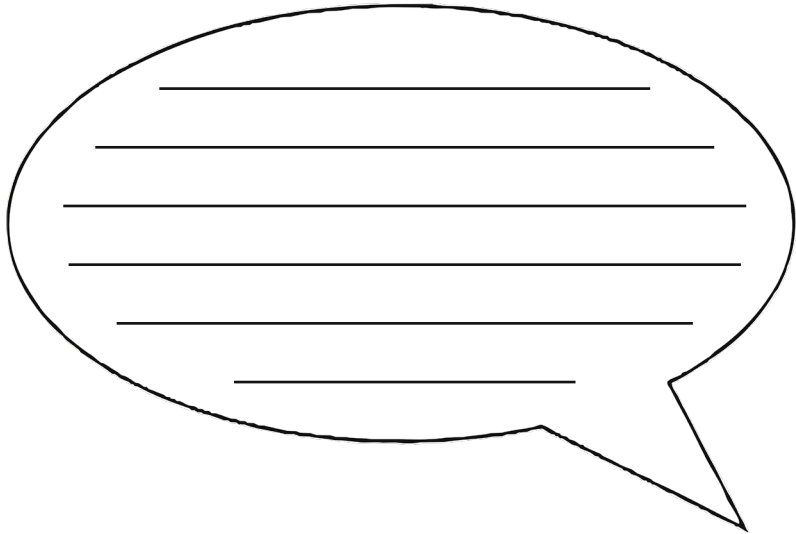
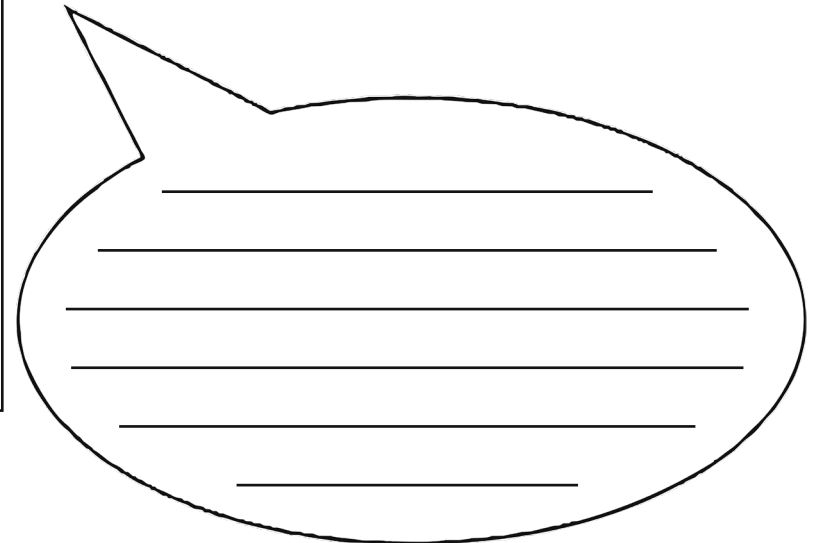
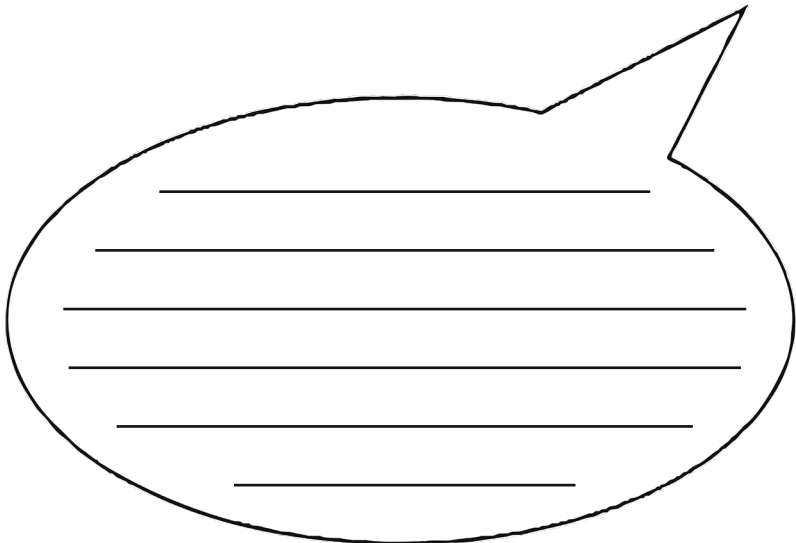
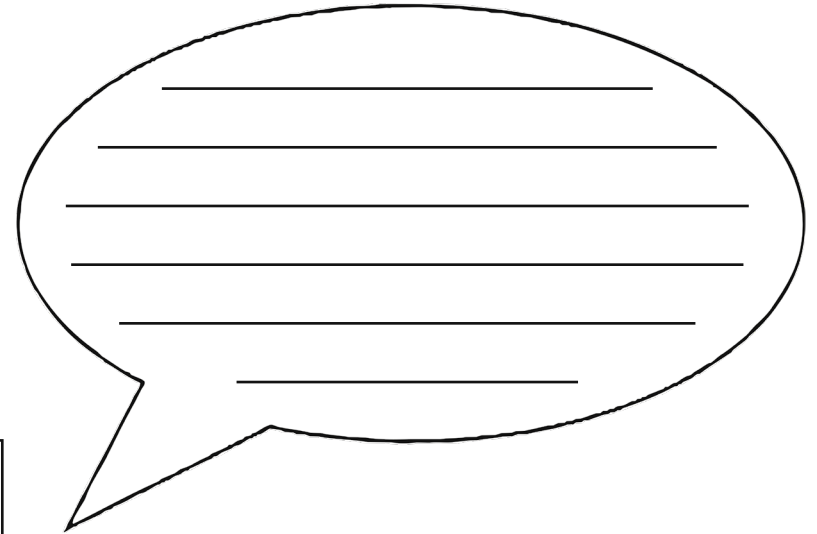


This Is Me: Body Image and Self-Esteem

In the speech bubbles, write things you like about yourself or things you are proud of.



This is me!



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).